



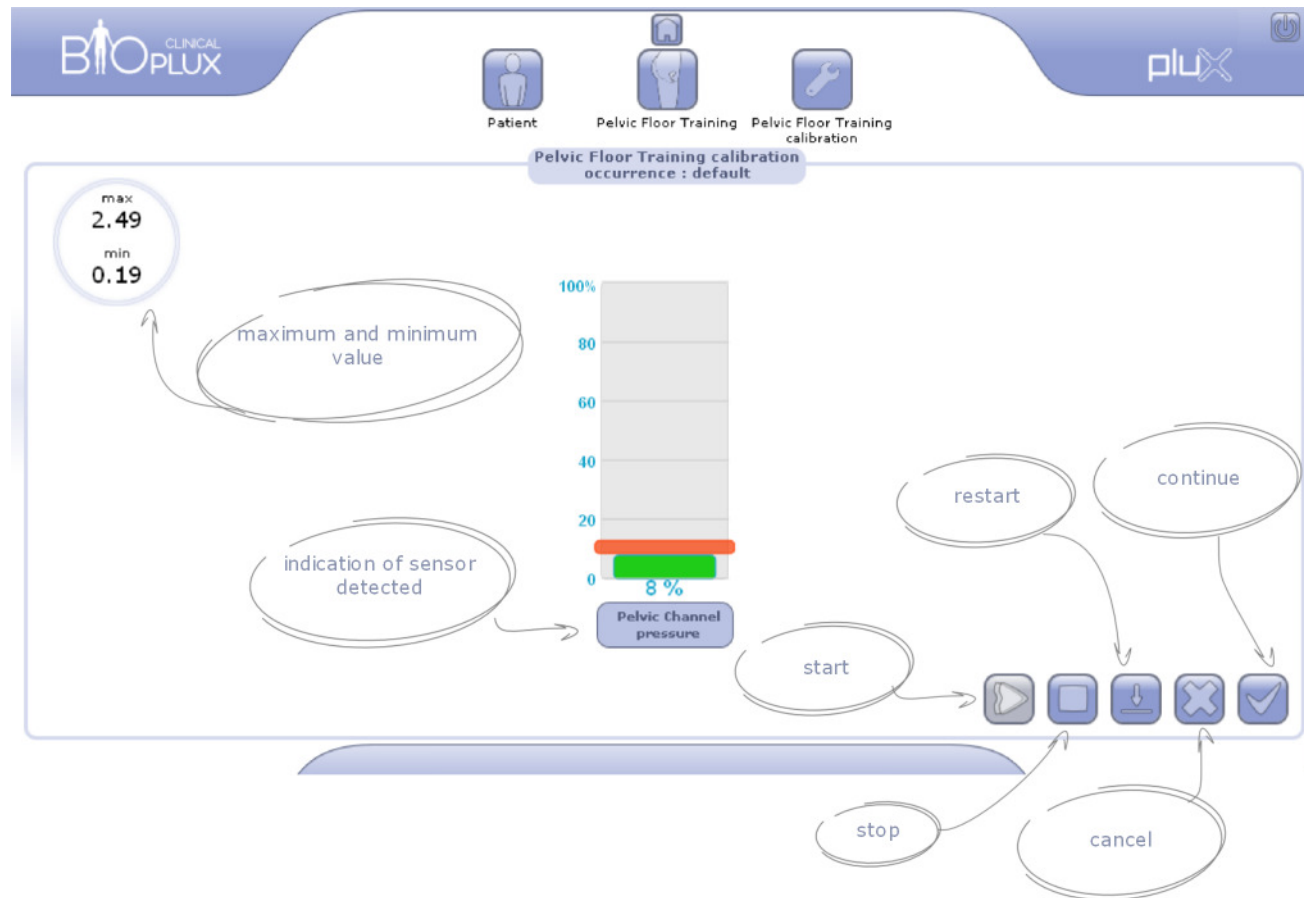
**pelvic floor
training**





Calibration

The protocol works with pressure sensors or EMG, with automatic selection. Press 'start' to start the calibration, ensuring that the patient is at rest. Promote the maximum contraction of the muscles. Finally, press 'stop'.





Step 1

Start the exercise. The patient should keep the circles inside (the objective is contraction) or outside (the objective is relaxation) bar threshold. The result 'objective reached' increases each time the ball passes the bar threshold.

The result 'target reached' increases each time the ball passes the bar threshold.

The screenshot shows the BIO PLUX Clinical software interface for Pelvic Floor Training. The interface is divided into several sections:

- Top Bar:** Contains the BIO PLUX logo, a 'Patient' icon, two 'Pelvic Floor Training' icons, and the 'plux' logo with a power button icon.
- Central Area:** Features a 'Pelvic Floor Training occurrence : default' label above a horizontal bar. Below the bar is a large circular area containing several green and blue circles. A yellow ring around the circles represents the 'threshold'. A callout explains: 'threshold hold the left mouse button and drag in order to select the difficulty level'. A play button icon is labeled 'start the exercise'.
- Left Side:** Displays two circular indicators: a top one with the number '15' labeled 'result (s)' and a bottom one with the number '1' labeled 'objective reached'. A callout points to the '15 result (s)' indicator: 'name of the assessment and the corresponding occurrence'. Another callout points to the '1 objective reached' indicator: 'by pressing the right mouse button, alternates between contraction (<) and relaxation (>)'. A third callout points to the threshold bar: 'Pelvic Floor Training occurrence : default'.
- Right Side:** Displays a circular indicator with the number '15' labeled 'max. result (s)'.
- Bottom Bar:** Contains a play button, a square button, a download button, a close button, and a checkmark button.



Step 2

Conclude and forward to the report

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Patient Pelvic Floor Training Pelvic Floor Training

Pelvic Floor Training occurrence : default

0 result (s)

2 objective reached

29 max. result (s)

indication of inspiration/expiration

time (in seconds) to comply with objective

maximum score in seconds

No. of times the objective was achieved

conclude the exercise

Navigation icons: play, stop, download, close, checkmark



Report

Here you can view and print the report of the Protocol. In this screen you have access to patient information, protocol, and also all the results obtained.

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information about the user information about the protocol

report

about the evaluation

Patient		Pelvic Floor Training	
	ID 1	beginning of treatment 15/10/2010	session date 15-07-2010 11:13:23
	birthdate 04/03/1980	symptomatic side none	evaluations
	occurrence default		channels # 1 - Pelvic Channel # 2 - Breathing

results

Pelvic Floor Training calibration

Pelvic Channel
maximum 2.49
minimum 0.19

calibration results



report

Pelvic Floor Training

Pelvic Channel
level < 50%

objective of the exercise

No. of times the objective was achieved

2
times reached

29
max. time (s)

comments

space for comments

name of the technician

maximum time (in seconds) achieved

conclude

technician

delete report

print report



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