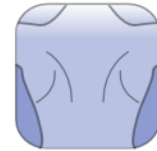


BIO CLINICAL® **PLUX**
protocol quickguide

symmetric
relaxation





Step 1

Press 'options' to setup the exercise.

The screenshot shows the BIO PLUX Symmetric Relaxation interface. At the top, there are three main icons: Patient, Symmetric Relaxation, and relaxation. The Symmetric Relaxation icon is active. The interface features a central stopwatch displaying "05:00" with the text "muscles relaxation occurrence : default" above it. Surrounding the stopwatch are several data points and controls:

- result (s):** A blue circular gauge with a callout "result in seconds".
- objective reached:** A green circular gauge with a callout "No. of times the objective was achieved".
- max time (s):** A yellow circular gauge with a callout "maximum result in seconds".
- total time (s):** A grey circular gauge with a callout "total time (in seconds)".
- exercise current settings:** A callout pointing to a bar at the bottom showing "tolerance (%)" at 15 and "rest level (%)" at 10.
- setup exercise:** A callout pointing to a gear icon at the bottom left.
- stopwatch:** A callout pointing to the central timer.

At the bottom right, there are several control buttons: a play button, a square button, a download button, a close button, and a checkmark button.



Step 2

Here, you can define: total time (in seconds); tolerance level; and rest level.

The screenshot displays the 'assessment configurations' settings window. The window title is 'settings'. The 'assessment configurations' section includes the following settings:

- total time (s): 0 : 0 0
- tolerance: 15%
- rest level: 10%

On the right side of the window, there are two buttons: 'cancel' and 'save'. Below these buttons are two icons: a blue 'X' icon and a blue checkmark icon. Arrows point from the 'cancel' and 'save' buttons to their respective icons.



Step 3

Start the exercise. The objective is to relax the patient muscles. The orange balls move to the left and / or right, depending of the contraction of muscles. The patient must relax so that the orange balls stabilize and turn green, gaining more points.

The screenshot displays the BIO CLINICAL PLUX interface for the Symmetric Relaxation exercise. The interface includes a top navigation bar with icons for Patient, Symmetric Relaxation, and relaxation, and the PLUX logo. The main display area features a central visualization of orange dots representing muscle activity. On the left side, there are two circular indicators: a green one labeled '04' for 'objective reached' and a blue one labeled '03' for 'result (s)'. On the right side, there are two more circular indicators: a yellow one labeled '05' for 'max time (s)' and a grey one labeled '08' for 'total time (s)'. At the top center, a timer shows '02:09' with the text 'muscles relaxation occurrence : default'. At the bottom, there are controls for 'tolerance (%) 15' and 'rest level (%) 10', along with 'start', 'stop', 'restart', 'cancel', and 'continue' buttons. A 'relaxation signal' icon is also present.



Report

Here you can view and print the report of the Protocol. In this screen you have access to patient information, protocol, and also all the results obtained.

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report

about the evaluation

Patient

	ID 1	beginning of treatment 06/07/2010
	birthdate 05/07/1980	symptomatic side right
	occurrence default	

caminho 3

Symmetric Relaxation

	evaluations	session date 02-08-2010 17:37:09
		channels # 1 - Muscle 1 # 2 - Muscle 2

results

relaxation

	tolerance (%) 15	rest level (%) 10	duration (s) 180
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14 **10** **08**

total time (s) max time (s) objective reached

exercise settings results



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report

15 10 180

14 **10** **08**
total time (s) max time (s) objective reached

comments

space for comments

name of the technician

technician

delete report print report conclude



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